

Important General Principles of Prestressed Concrete Formulas PDF



Formulas Examples with Units

List of 19 Important General Principles of Prestressed Concrete Formulas

1) Compressive Stress due to External Moment Formula ↻

Formula

$$f = M_b \cdot \left(\frac{y}{I_a} \right)$$

Example with Units

$$166.6667 \text{ MPa} = 4 \text{ kN} \cdot \text{m} \cdot \left(\frac{30 \text{ mm}}{720000 \text{ mm}^4} \right)$$

Evaluate Formula ↻

2) Cross Sectional Area given Compressive Stress Formula ↻

Formula

$$A = \frac{F}{\sigma_c}$$

Example with Units

$$200 \text{ mm}^2 = \frac{400 \text{ kN}}{2 \text{ Pa}}$$

Evaluate Formula ↻

3) External Moment with Known Compressive Stress Formula ↻

Formula

$$M = f \cdot \frac{I_a}{y}$$

Example with Units

$$4.0001 \text{ kN} \cdot \text{m} = 166.67 \text{ MPa} \cdot \frac{720000 \text{ mm}^4}{30 \text{ mm}}$$

Evaluate Formula ↻

4) Length of Span given Uniform Load Formula ↻

Formula

$$L = \sqrt{8 \cdot L_s \cdot \frac{F}{w_b}}$$

Example with Units

$$5.099 \text{ m} = \sqrt{8 \cdot 5.2 \text{ m} \cdot \frac{400 \text{ kN}}{0.64 \text{ kN/m}}}$$

Evaluate Formula ↻

5) Prestressing Force given Compressive Stress Formula ↻

Formula

$$F = A \cdot \sigma_c$$

Example with Units

$$400 \text{ kN} = 200 \text{ mm}^2 \cdot 2 \text{ Pa}$$

Evaluate Formula ↻

6) Prestressing Force given Uniform Load Formula ↻

Formula

$$F = w_b \cdot \frac{L^2}{8 \cdot L_s}$$

Example with Units

$$384.6154 \text{ kN} = 0.64 \text{ kN/m} \cdot \frac{5 \text{ m}^2}{8 \cdot 5.2 \text{ m}}$$

Evaluate Formula ↻



7) Resulting Stress due to Moment and Prestress and Eccentric Strands Formula

Formula

$$\sigma_c = \frac{F}{A} + \left(M \cdot \frac{y}{I_a} \right) + \left(F \cdot e \cdot \frac{y}{I_a} \right)$$

Evaluate Formula 

Example with Units

$$2.0008 \text{ Pa} = \frac{400 \text{ kN}}{200 \text{ mm}^2} + \left(20 \text{ kN} \cdot \text{m} \cdot \frac{30 \text{ mm}}{720000 \text{ mm}^4} \right) + \left(400 \text{ kN} \cdot 5.01 \text{ mm} \cdot \frac{30 \text{ mm}}{720000 \text{ mm}^4} \right)$$

8) Resulting Stress due to Moment and Prestressing Force Formula

Formula

$$\sigma_c = \frac{F}{A} + \left(M_b \cdot \frac{y}{I_a} \right)$$

Example with Units

$$2 \text{ Pa} = \frac{400 \text{ kN}}{200 \text{ mm}^2} + \left(4 \text{ kN} \cdot \text{m} \cdot \frac{30 \text{ mm}}{720000 \text{ mm}^4} \right)$$

Evaluate Formula 

9) Sag of Parabola given Uniform Load Formula

Formula

$$L_s = w_b \cdot \frac{L^2}{8 \cdot F}$$

Example with Units

$$5 \text{ m} = 0.64 \text{ kN/m} \cdot \frac{5 \text{ m}^2}{8 \cdot 400 \text{ kN}}$$

Evaluate Formula 

10) Stress due to Prestress Moment Formula

Formula

$$f = F \cdot e \cdot \frac{y}{I_a}$$

Example with Units

$$83.5 \text{ MPa} = 400 \text{ kN} \cdot 5.01 \text{ mm} \cdot \frac{30 \text{ mm}}{720000 \text{ mm}^4}$$

Evaluate Formula 

11) Uniform Compressive Stress due to Prestress Formula

Formula

$$\sigma_c = \frac{F}{A}$$

Example with Units

$$2 \text{ Pa} = \frac{400 \text{ kN}}{200 \text{ mm}^2}$$

Evaluate Formula 

12) Upward Uniform Load using Load Balancing Method Formula

Formula

$$w_b = 8 \cdot F \cdot \frac{L_s}{L^2}$$

Example with Units

$$0.6656 \text{ kN/m} = 8 \cdot 400 \text{ kN} \cdot \frac{5.2 \text{ m}}{5 \text{ m}^2}$$

Evaluate Formula 



13) Materials Formulas

13.1) Creep Coefficient in European Code Formula

Evaluate Formula 

Formula

$$\Phi = \frac{\delta_t}{\delta_i}$$

Example

$$1.6 = \frac{0.2}{0.125}$$

13.2) Empirical Formula for Secant Modulus Proposed by Hognestad in ACI Code Formula

Evaluate Formula 

Formula

$$E_c = 1800000 + (460 \cdot f_{c'})$$

Example with Units

$$300.8 \text{ MPa} = 1800000 + (460 \cdot 0.65 \text{ MPa})$$

13.3) Empirical Formula for Secant Modulus Proposed by Jensen Formula

Evaluate Formula 

Formula

$$E_c = \frac{6 \cdot 10^6}{1 + \left(\frac{2000}{f_{c'}} \right)}$$

Example with Units

$$1949.3665 \text{ MPa} = \frac{6 \cdot 10^6}{1 + \left(\frac{2000}{0.65 \text{ MPa}} \right)}$$

13.4) Empirical Formula for Secant Modulus using ACI Code Provisions Formula

Evaluate Formula 

Formula

$$E_c = w_m^{1.5} \cdot 33 \cdot \sqrt{f_{c'}}$$

Example with Units

$$9690.047 \text{ MPa} = 5.1 \text{ kN/m}^3 \cdot 33 \cdot \sqrt{0.65 \text{ MPa}}$$

13.5) Instantaneous Strain given Cc Formula

Evaluate Formula 

Formula

$$\delta_i = \frac{\delta_t}{\Phi}$$

Example

$$0.125 = \frac{0.2}{1.6}$$

13.6) Total Strain Formula

Evaluate Formula 

Formula

$$\delta_t = \delta_i + \delta_c$$

Example

$$0.625 = 0.125 + 0.5$$

13.7) Total Strain given Creep Coefficient Formula

Evaluate Formula 

Formula

$$\delta_t = \delta_i \cdot \Phi$$

Example

$$0.2 = 0.125 \cdot 1.6$$



Variables used in list of General Principles of Prestressed Concrete Formulas above

- **A** Area of Beam Section (Square Millimeter)
- **e** Distance from Centroidal Geometric Axis (Millimeter)
- **E_c** Secant Modulus (Megapascal)
- **f** Bending Stress in Section (Megapascal)
- **F** Prestressing Force (Kilonewton)
- **f_c** Cylinder Strength (Megapascal)
- **I_a** Moment of Inertia of Section (Millimeter⁴)
- **L** Span Length (Meter)
- **L_s** Sag Length of Cable (Meter)
- **M** External Moment (Kilonewton Meter)
- **M_b** Bending Moment in Prestress (Kilonewton Meter)
- **w_b** Uniform Load (Kilonewton per Meter)
- **w_m** Unit Weight of Material (Kilonewton per Cubic Meter)
- **y** Distance from Centroidal Axis (Millimeter)
- **δ_c** Creep Strain
- **δ_i** Instantaneous Strain
- **δ_t** Total Strain
- **σ_c** Compressive Stress in Prestress (Pascal)
- **Φ** Creep Coefficient

Constants, Functions, Measurements used in list of General Principles of Prestressed Concrete Formulas above

- **Functions:** **sqrt**, sqrt(Number)
A square root function is a function that takes a non-negative number as an input and returns the square root of the given input number.
- **Measurement:** **Length** in Millimeter (mm), Meter (m)
Length Unit Conversion 
- **Measurement:** **Area** in Square Millimeter (mm²)
Area Unit Conversion 
- **Measurement:** **Pressure** in Megapascal (MPa), Pascal (Pa)
Pressure Unit Conversion 
- **Measurement:** **Force** in Kilonewton (kN)
Force Unit Conversion 
- **Measurement:** **Surface Tension** in Kilonewton per Meter (kN/m)
Surface Tension Unit Conversion 
- **Measurement:** **Moment of Force** in Kilonewton Meter (kN*m)
Moment of Force Unit Conversion 
- **Measurement:** **Specific Weight** in Kilonewton per Cubic Meter (kN/m³)
Specific Weight Unit Conversion 
- **Measurement:** **Second Moment of Area** in Millimeter⁴ (mm⁴)
Second Moment of Area Unit Conversion 



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7/8/2024 | 11:41:43 AM UTC

