

# Important Principal Stress Formulas PDF



**Formulas  
Examples  
with Units**

**List of 32  
Important Principal Stress Formulas**

## 1) Combined Bending and Torsion Condition Formulas

### 1.1) Angle of Twist in Combined Bending and Torsion Formula

Formula

$$\theta = \frac{\arctan\left(\frac{T}{M}\right)}{2}$$

Example with Units

$$30^\circ = \frac{\arctan\left(\frac{0.116913 \text{ MPa}}{67.5 \text{ kN}^*\text{m}}\right)}{2}$$

Evaluate Formula

### 1.2) Angle of Twist in Combined Bending and Torsional Stress Formula

Formula

$$\theta = 0.5 \cdot \arctan\left(2 \cdot \frac{T}{\sigma_b}\right)$$

Example with Units

$$8.9958^\circ = 0.5 \cdot \arctan\left(2 \cdot \frac{0.116913 \text{ MPa}}{0.72 \text{ MPa}}\right)$$

Evaluate Formula

### 1.3) Bending Moment given Combined Bending and Torsion Formula

Formula

$$M = \frac{T}{\tan(2 \cdot \theta)}$$

Example with Units

$$67.4998 \text{ kN}^*\text{m} = \frac{0.116913 \text{ MPa}}{\tan(2 \cdot 30^\circ)}$$

Evaluate Formula

### 1.4) Bending Stress given Combined Bending and Torsional Stress Formula

Formula

$$\sigma_b = \frac{T}{\frac{\tan(2 \cdot \theta)}{2}}$$

Example with Units

$$0.135 \text{ MPa} = \frac{0.116913 \text{ MPa}}{\frac{\tan(2 \cdot 30^\circ)}{2}}$$

Evaluate Formula

### 1.5) Torsional Moment when Member is subjected to both Bending and Torsion Formula

Formula

$$T = M \cdot (\tan(2 \cdot \theta))$$

Example with Units

$$0.1169 \text{ MPa} = 67.5 \text{ kN}^*\text{m} \cdot (\tan(2 \cdot 30^\circ))$$

Evaluate Formula

### 1.6) Torsional Stress given Combined Bending and Torsional Stress Formula

Formula

$$T = \left(\frac{\tan(2 \cdot \theta)}{2}\right) \cdot \sigma_b$$

Example with Units

$$0.6235 \text{ MPa} = \left(\frac{\tan(2 \cdot 30^\circ)}{2}\right) \cdot 0.72 \text{ MPa}$$

Evaluate Formula



## 2) Complementary Induced Stress Formulas

### 2.1) Angle of Oblique Plane using Normal Stress when Complementary Shear Stresses Induced Formula

Formula

$$\theta = \frac{\text{asin}\left(\frac{\sigma_{\theta}}{\tau}\right)}{2}$$

Example with Units

$$44.4537^{\circ} = \frac{\text{asin}\left(\frac{54.99 \text{ MPa}}{55 \text{ MPa}}\right)}{2}$$

Evaluate Formula 

### 2.2) Angle of Oblique Plane using Shear Stress when Complementary Shear Stresses Induced Formula

Formula

$$\theta = 0.5 \cdot \arccos\left(\frac{\tau_{\theta}}{\tau}\right)$$

Example with Units

$$29.6105^{\circ} = 0.5 \cdot \arccos\left(\frac{28.145 \text{ MPa}}{55 \text{ MPa}}\right)$$

Evaluate Formula 

### 2.3) Normal Stress when Complementary Shear Stresses Induced Formula

Formula

$$\sigma_{\theta} = \tau \cdot \sin(2 \cdot \theta)$$

Example with Units

$$47.6314 \text{ MPa} = 55 \text{ MPa} \cdot \sin(2 \cdot 30^{\circ})$$

Evaluate Formula 

### 2.4) Shear Stress along Oblique Plane when Complementary Shear Stresses Induced Formula

Formula

$$\tau_{\theta} = \tau \cdot \cos(2 \cdot \theta)$$

Example with Units

$$27.5 \text{ MPa} = 55 \text{ MPa} \cdot \cos(2 \cdot 30^{\circ})$$

Evaluate Formula 

### 2.5) Shear Stress due to Effect of Complementary Shear Stresses and Shear Stress in Oblique Plane Formula

Formula

$$\tau = \frac{\tau_{\theta}}{\cos(2 \cdot \theta)}$$

Example with Units

$$56.29 \text{ MPa} = \frac{28.145 \text{ MPa}}{\cos(2 \cdot 30^{\circ})}$$

Evaluate Formula 

### 2.6) Shear Stress due to Induced Complementary Shear Stresses and Normal Stress on Oblique Plane Formula

Formula

$$\tau = \frac{\sigma_{\theta}}{\sin(2 \cdot \theta)}$$

Example with Units

$$63.497 \text{ MPa} = \frac{54.99 \text{ MPa}}{\sin(2 \cdot 30^{\circ})}$$

Evaluate Formula 

## 3) Equivalent Bending Moment & Torque Formulas

### 3.1) Bending Stress of Circular Shaft given Equivalent Bending Moment Formula

Formula

$$\sigma_b = \frac{32 \cdot M_e}{\pi \cdot (\Phi^3)}$$

Example with Units

$$0.7243 \text{ MPa} = \frac{32 \cdot 30 \text{ kN} \cdot \text{m}}{3.1416 \cdot (750 \text{ mm}^3)}$$

Evaluate Formula 



### 3.2) Diameter of Circular Shaft for Equivalent Torque and Maximum Shear Stress Formula

Formula

$$\Phi = \left( \frac{16 \cdot T_e}{\pi \cdot (\tau_{\max})} \right)^{\frac{1}{3}}$$

Example with Units

$$157.1413 \text{ mm} = \left( \frac{16 \cdot 32 \text{ kN}\cdot\text{m}}{3.1416 \cdot (42 \text{ MPa})} \right)^{\frac{1}{3}}$$

Evaluate Formula 

### 3.3) Diameter of Circular Shaft given Equivalent Bending Stress Formula

Formula

$$\Phi = \left( \frac{32 \cdot M_e}{\pi \cdot (\sigma_b)} \right)^{\frac{1}{3}}$$

Example with Units

$$751.5011 \text{ mm} = \left( \frac{32 \cdot 30 \text{ kN}\cdot\text{m}}{3.1416 \cdot (0.72 \text{ MPa})} \right)^{\frac{1}{3}}$$

Evaluate Formula 

### 3.4) Equivalent Bending Moment of Circular Shaft Formula

Formula

$$M_e = \frac{\sigma_b}{\frac{32}{\pi \cdot (\Phi^3)}}$$

Example with Units

$$29.8206 \text{ kN}\cdot\text{m} = \frac{0.72 \text{ MPa}}{\frac{32}{3.1416 \cdot (750 \text{ mm}^3)}}$$

Evaluate Formula 

### 3.5) Equivalent Torque given Maximum Shear Stress Formula

Formula

$$T_e = \frac{\tau_{\max}}{\frac{16}{\pi \cdot (\Phi^3)}}$$

Example with Units

$$3479.0684 \text{ kN}\cdot\text{m} = \frac{42 \text{ MPa}}{\frac{16}{3.1416 \cdot (750 \text{ mm}^3)}}$$

Evaluate Formula 

### 3.6) Location of Principal Planes Formula

Formula

$$\theta = \left( \left( \left( \frac{1}{2} \right) \cdot \text{atan} \left( \frac{2 \cdot \tau_{xy}}{\sigma_y - \sigma_x} \right) \right) \right)$$

Example with Units

$$6.2457^\circ = \left( \left( \left( \frac{1}{2} \right) \cdot \text{atan} \left( \frac{2 \cdot 7.2 \text{ MPa}}{110 \text{ MPa} - 45 \text{ MPa}} \right) \right) \right)$$

Evaluate Formula 

### 3.7) Maximum Shear Stress due to Equivalent Torque Formula

Formula

$$\tau_{\max} = \frac{16 \cdot T_e}{\pi \cdot (\Phi^3)}$$

Example with Units

$$0.3863 \text{ MPa} = \frac{16 \cdot 32 \text{ kN}\cdot\text{m}}{3.1416 \cdot (750 \text{ mm}^3)}$$

Evaluate Formula 

## 4) Maximum Shear Stress on the Biaxial Loading Formulas

### 4.1) Maximum Shear Stress when Member is Subjected to like Principal Stresses Formula

Formula

$$\tau_{\max} = \frac{1}{2} \cdot (\sigma_y - \sigma_x)$$


Example with Units

$$32.5 \text{ MPa} = \frac{1}{2} \cdot (110 \text{ MPa} - 45 \text{ MPa})$$

Evaluate Formula 



#### 4.2) Stress along X-Axis when Member is Subjected to like Principal Stresses and Max Shear Stress

Formula 

Formula


$$\sigma_x = \sigma_y - (2 \cdot \tau_{\max})$$

Example with Units

$$26 \text{ MPa} = 110 \text{ MPa} - (2 \cdot 42 \text{ MPa})$$

Evaluate Formula 

#### 4.3) Stress along Y-Axis when Member is Subjected to like Principal Stresses and Max Shear Stress

Formula 

Formula

$$\sigma_y = 2 \cdot \tau_{\max} + \sigma_x$$

Example with Units

$$129 \text{ MPa} = 2 \cdot 42 \text{ MPa} + 45 \text{ MPa}$$

Evaluate Formula 

### 5) Stresses in Bi-Axial Loading Formulas

#### 5.1) Normal Stress Induced in Oblique Plane due to Biaxial Loading Formula

Formula

$$\sigma_{\theta} = \left( \frac{1}{2} \cdot (\sigma_x + \sigma_y) \right) + \left( \frac{1}{2} \cdot (\sigma_x - \sigma_y) \cdot (\cos(2 \cdot \theta)) \right) + (\tau_{xy} \cdot \sin(2 \cdot \theta))$$

Example with Units

$$67.4854 \text{ MPa} = \left( \frac{1}{2} \cdot (45 \text{ MPa} + 110 \text{ MPa}) \right) + \left( \frac{1}{2} \cdot (45 \text{ MPa} - 110 \text{ MPa}) \cdot (\cos(2 \cdot 30^\circ)) \right) + (7.2 \text{ MPa} \cdot \sin(2 \cdot 30^\circ))$$

#### 5.2) Shear Stress Induced in Oblique Plane due to Biaxial Loading Formula

Formula

$$\tau_{\theta} = - \left( \frac{1}{2} \cdot (\sigma_x - \sigma_y) \cdot \sin(2 \cdot \theta) \right) + (\tau_{xy} \cdot \cos(2 \cdot \theta))$$

Example with Units

$$31.7458 \text{ MPa} = - \left( \frac{1}{2} \cdot (45 \text{ MPa} - 110 \text{ MPa}) \cdot \sin(2 \cdot 30^\circ) \right) + (7.2 \text{ MPa} \cdot \cos(2 \cdot 30^\circ))$$

Evaluate Formula 

#### 5.3) Stress along X- Direction with known Shear Stress in Bi-Axial Loading Formula

Formula

$$\sigma_x = \sigma_y - \left( \frac{\tau_{\theta} \cdot 2}{\sin(2 \cdot \theta)} \right)$$

Example with Units

$$45.0019 \text{ MPa} = 110 \text{ MPa} - \left( \frac{28.145 \text{ MPa} \cdot 2}{\sin(2 \cdot 30^\circ)} \right)$$

Evaluate Formula 

#### 5.4) Stress along Y- Direction using Shear Stress in Bi-Axial Loading Formula

Formula

$$\sigma_y = \sigma_x + \left( \frac{\tau_{\theta} \cdot 2}{\sin(2 \cdot \theta)} \right)$$

Example with Units

$$109.9981 \text{ MPa} = 45 \text{ MPa} + \left( \frac{28.145 \text{ MPa} \cdot 2}{\sin(2 \cdot 30^\circ)} \right)$$

Evaluate Formula 



## 6) Stresses of Members Subjected to Axial Loading Formulas

### 6.1) Angle of Oblique Plane using Shear Stress and Axial Load Formula

Formula

$$\theta = \frac{\arcsin\left(\left(\frac{2 \cdot \tau_{\theta}}{\sigma_y}\right)\right)}{2}$$

Example with Units

$$15.3895^{\circ} = \frac{\arcsin\left(\left(\frac{2 \cdot 28.145 \text{ MPa}}{110 \text{ MPa}}\right)\right)}{2}$$

Evaluate Formula 

### 6.2) Angle of Oblique plane when Member Subjected to Axial Loading Formula

Formula

$$\theta = \frac{\arccos\left(\frac{\sigma_{\theta}}{\sigma_y}\right)}{2}$$

Example with Units

$$30.003^{\circ} = \frac{\arccos\left(\frac{54.99 \text{ MPa}}{110 \text{ MPa}}\right)}{2}$$

Evaluate Formula 

### 6.3) Normal Stress when Member Subjected to Axial Load Formula

Formula

$$\sigma_{\theta} = \sigma_y \cdot \cos(2 \cdot \theta)$$

Example with Units

$$55 \text{ MPa} = 110 \text{ MPa} \cdot \cos(2 \cdot 30^{\circ})$$

Evaluate Formula 

### 6.4) Shear Stress when Member Subjected to Axial Load Formula

Formula

$$\tau_{\theta} = 0.5 \cdot \sigma_y \cdot \sin(2 \cdot \theta)$$

Example with Units

$$47.6314 \text{ MPa} = 0.5 \cdot 110 \text{ MPa} \cdot \sin(2 \cdot 30^{\circ})$$

Evaluate Formula 

### 6.5) Stress along Y-direction given Shear Stress in Member subjected to Axial Load Formula

Formula

$$\sigma_y = \frac{\tau_{\theta}}{0.5 \cdot \sin(2 \cdot \theta)}$$

Example with Units

$$64.9981 \text{ MPa} = \frac{28.145 \text{ MPa}}{0.5 \cdot \sin(2 \cdot 30^{\circ})}$$

Evaluate Formula 

### 6.6) Stress along Y-direction when Member Subjected to Axial Load Formula

Formula

$$\sigma_y = \frac{\sigma_{\theta}}{\cos(2 \cdot \theta)}$$

Example with Units

$$109.98 \text{ MPa} = \frac{54.99 \text{ MPa}}{\cos(2 \cdot 30^{\circ})}$$

Evaluate Formula 








## Variables used in list of Principal Stress Formulas above

- **M** Bending Moment (Kilonewton Meter)
- **M<sub>e</sub>** Equivalent Bending Moment (Kilonewton Meter)
- **T** Torsion (Megapascal)
- **T<sub>e</sub>** Equivalent Torque (Kilonewton Meter)
- **θ** Theta (Degree)
- **σ<sub>b</sub>** Bending Stress (Megapascal)
- **σ<sub>x</sub>** Stress along x Direction (Megapascal)
- **σ<sub>y</sub>** Stress along y Direction (Megapascal)
- **σ<sub>θ</sub>** Normal Stress on Oblique Plane (Megapascal)
- **τ** Shear Stress (Megapascal)
- **τ<sub>max</sub>** Maximum Shear Stress (Megapascal)
- **τ<sub>xy</sub>** Shear Stress xy (Megapascal)
- **τ<sub>θ</sub>** Shear Stress on Oblique Plane (Megapascal)
- **Φ** Diameter of Circular Shaft (Millimeter)

## Constants, Functions, Measurements used in list of Principal Stress Formulas above

- **constant(s):** pi,  
3.14159265358979323846264338327950288  
Archimedes' constant
- **Functions:** **acos**, acos(Number)  
The inverse cosine function, is the inverse function of the cosine function. It is the function that takes a ratio as an input and returns the angle whose cosine is equal to that ratio.
- **Functions:** **arccos**, arccos(Number)  
Arccosine function, is the inverse function of the cosine function. It is the function that takes a ratio as an input and returns the angle whose cosine is equal to that ratio.
- **Functions:** **arctan**, arctan(Number)  
Inverse trigonometric functions are usually accompanied by the prefix - arc. Mathematically, we represent arctan or the inverse tangent function as  $\tan^{-1} x$  or  $\arctan(x)$ .
- **Functions:** **arsin**, arsin(Number)  
Arcsine function, is a trigonometric function that takes a ratio of two sides of a right triangle and outputs the angle opposite the side with the given ratio.
- **Functions:** **asin**, asin(Number)  
The inverse sine function, is a trigonometric function that takes a ratio of two sides of a right triangle and outputs the angle opposite the side with the given ratio.
- **Functions:** **atan**, atan(Number)  
Inverse tan is used to calculate the angle by applying the tangent ratio of the angle, which is the opposite side divided by the adjacent side of the right triangle.
- **Functions:** **cos**, cos(Angle)  
Cosine of an angle is the ratio of the side adjacent to the angle to the hypotenuse of the triangle.
- **Functions:** **ctan**, ctan(Angle)  
Cotangent is a trigonometric function that is defined as the ratio of the adjacent side to the opposite side in a right triangle.
- **Functions:** **sin**, sin(Angle)  
Sine is a trigonometric function that describes the ratio of the length of the opposite side of a right triangle to the length of the hypotenuse.
- **Functions:** **tan**, tan(Angle)  
The tangent of an angle is a trigonometric ratio of the length of the side opposite an angle to the length of the side adjacent to an angle in a right triangle.



- **Measurement: Length** in Millimeter (mm)  
*Length Unit Conversion* 
- **Measurement: Angle** in Degree (°)  
*Angle Unit Conversion* 
- **Measurement: Torque** in Kilonewton Meter (kN\*m)  
*Torque Unit Conversion* 
- **Measurement: Moment of Force** in Kilonewton Meter (kN\*m)  
*Moment of Force Unit Conversion* 
- **Measurement: Stress** in Megapascal (MPa)  
*Stress Unit Conversion* 



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